

Prevention Network hosts a *Free*
Recovering Community Lunch N' Learn

Presenting

Darryl S. Inaba, PharmD, CADAC II

Author of "Uppers, Downers, All Arounders,"

"The Neurochemistry of Relapse and Recovery"

"My own experiences have convinced me that accurate non-judgmental and comprehensive knowledge about psychoactive drugs and their effects is the most effective method of preventing substance abuse problems"

*Darryl S. Inaba,
PharmD, CADACII.*

This presentation is for **recovering people** and **others** interested in supporting someone's recovery, or increasing their own understanding of effective relapse prevention methods.

Join us on

**Monday, October 5, 2009
12:00 to 1:15PM
1050 West Genesee Street
Syracuse, New York 13204**

**Bring your own lunch and your willingness to learn.
Coffee, tea, water and soda will be provided.**

Lunch N' Learn will include a viewing of ...

"The Neurochemistry of Relapse and Recovery" the video will explore the nature of cravings and information on their biological origins; as well as useful methods for managing cravings successfully. Additionally, Dr. Inaba will present information on the phases of recovery... highlighting detoxification and initial abstinence.

RSVP requested for seating capacity considerations. Call Faith Mary Gault, 315-471-1359 x 310 or email at fmgault@preventionnetworkcny.org



Guests are required to park vehicles across the street in the rear of Sam Dell Used Car and Truck Center lot. *No on-site guest parking at 1050 W. Genesee St. permitted.*

Thank You